



**Thermal top
and bottoms**



**Synthetic or
silk glove
liners**



**Synthetic
trousers**



**Wicking base
layer**



**Windproof
jacket**



**Mid-weight
layer**



**Waterproof
jacket**



**Down or
synthetic fill
jacket**



**Fleece hat or
balaclava**



**Wool or pile
socks**



Spare socks



Water and wind proof trousers



Water and windproof jacket



Gaiters



Water and windproof over mittens / gloves

Snow goggles

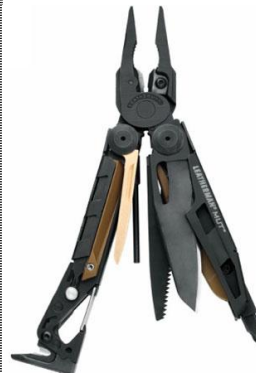


Waterproof boots

Bivvy bag



Sunglasses



Multi tool / penknife

Bikes



Duct tape



Head torch with spare batteries



Search pole



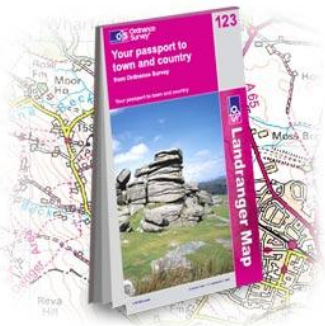
Compass



Heat packs



Maps



Avalanche transceiver



Water bottle / hydration pack



Whistle



**Snowshoes
and / or skis**



Buoyancy aid



Walking poles



**Hand held
high beam
torch**



**Avalanche
shovel**



Watch



**Personal first
aid kit**



Snacks



**Two-way
radios**



**Thermos of
hot water**



Mobile phone



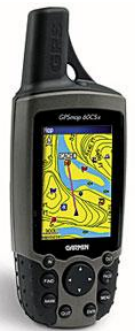
Dry bag or pack cover



Sun cream



Crampons



GPS



Ice Axe



Chalk



Carabiners



Helmet



High vis jacket



Harness



Pencils or pens



Climbing rope



Small elephant



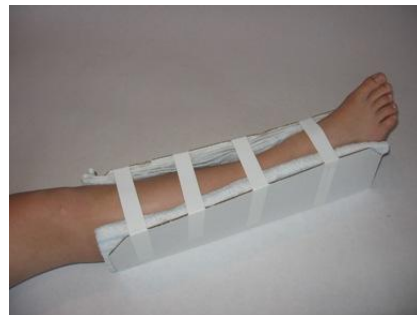
Survival shelter



Neck brace



Notebook



Splints



Insect repellent



Stretchers – various types



Kayaks

(Water rescue) Throw lines



Boats



Dogs



Casualty first aid equipment



Mega torch!



Flares



Denim shirt



Cotton t-shirt



Umbrella

