

ARE YOU UP TO IT?



KSAR



THE ANNUAL CHALLENGE EVENT

A mixture of mental and physical challenges based on
Search and Rescue.

Sat 10th July 2010

The annual Kent Search & Rescue Challenge Event @

A Secret Location In Kent

For more details and an application form contact Paul Lewis on:
paul.phlconsultancy@gmail.com or 07977 066165

£100 per mixed team (€25 per person)

This is a charity event and all proceeds go to KSAR

www.ksar.co.uk



Registered Charity No. 1091181

KSAR CHALLENGE 2010



What is it?

The KSAR challenge is an annual event, designed to challenge teams during a mixture of mental and physical tasks. The tasks will be related to the skills required during Search and Rescue, but no previous experience or skill is essential, just the ability to have fun and enjoy the day. It is a charity event with all profits going to support Kent Search and Rescue

Who can enter?

Mixed teams of 4 people over the age of 18 years.

When and where is it?

The event will take place at a Secret Location in Kent Sat 10th July 2010. The day starts with a compulsory team briefing at 1030hrs. All teams will be told of their actual start time prior to the event.

What do I need to bring?

Normal running/exercise clothing and footwear will be suitable. Teams will be responsible for carrying their own water and snacks. During the event all specialist equipment will be given to the teams prior to commencing a task. A BBQ and refreshment stand will be available near the control centre.

What do I get out of it?

Supporting Kent Search and Rescue whilst having a fun and action packed day
Medals will be awarded to the first three teams, with all competitors receiving a certificate

What do I need to do next?

Once you have formed a team fill out the entrance form and sent it together with your payment to:
1 Studd Cottage, Whitstable Road, Herne Bay, Kent CT6 8BJ or email paul.phlconsultancy@gmail.com

If you need and further please contact me on 07977 066165

***P H Lewis MBE,
Training Officer Kent Search and Rescue***

Kent Search and Rescue – Challenge Event Entrance Form

Sat 10th July 2010

Team Name	
Business or Organisation	
Team Captain:	
Date of Birth:	
Sex:	
Address	
Mob Phone	
Work No	
Home No	

Team members

Name	Date of Birth	Sex

The team entrance fee is £100 – with all profits going to support Kent Search and Rescue – Registered Charity No 1091181

Please make cheques payable to: Kent Search and Rescue

Please return you form to:

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or email paul.phlconsultancy@gmail.com

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Training Officer Kent Search and Rescue