



Thermal top and bottoms



Synthetic or silk glove liners



Synthetic trousers



Wicking base layer



Windproof jacket



Mid-weight layer



Waterproof jacket



Down or synthetic fill jacket



Fleece hat or balaclava



Wool or pile socks



Spare socks



Water and wind proof trousers



Water and windproof jacket



Gaiters



Water and windproof over mittens / gloves



Snow goggles



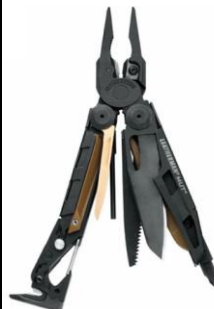
Waterproof boots



Bivvy bag



Sunglasses



Multi tool / penknife



Bikes



Duct tape



Head torch with spare batteries



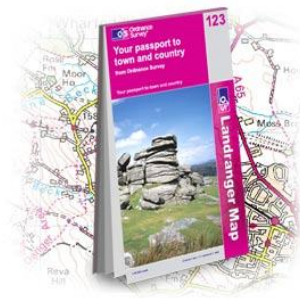
Search pole



Compass



Heat packs



Local map



Avalanche transceiver



Water bottle / hydration pack



Whistle



**Snowshoes
and / or skis**



Buoyancy aid



Walking poles



**Hand held high
beam torch**



**Avalanche
shovel**



Watch



**Personal first
aid kit**



Snacks



Two-way radios



**Thermos of hot
water**



Mobile phone



Dry bags or pack cover



Sun cream



Crampons



GPS



Ice Axe



Chalk



Carabiners



Helmet



High vis jacket



Harness



Pencils or pens



Climbing ropes



Small elephant



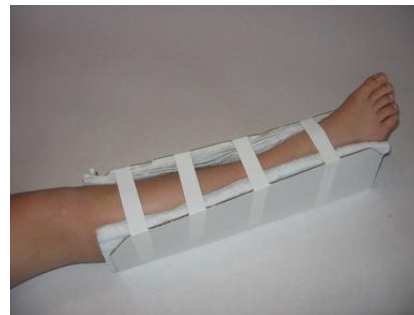
Survival shelter



Neck braces



Notebook



Splints



Insect repellent



**Stretcher
s –
various
types**



Kayaks



(Water rescue) Throw lines



Boats



Dogs



Casualty first aid equipment



Mega torch!



Flares



Denim shirt



Cotton t-shirt



Umbrella